



*The Maryland State Medical Society*

**News: For Immediate Release**

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## **OCTOBER IS NATIONAL BREAST CANCER AWARENESS MONTH**

BALTIMORE, October 12, 2016 — This October, MedChi, the Maryland State Medical Society, is proud to participate in National Breast Cancer Awareness Month. Other than skin cancer, breast cancer is the most common cancer among American women. About 1 in 8 women born today in the United States will get breast cancer at some point.

While most people are aware of breast cancer, many forget to take the steps to have a plan to detect the disease in its early stages and encourage others to do the same.

- If you are a woman age 40 to 49, talk with your doctor about when to start getting mammograms and how often to get them.
- If you are a woman age 50 to 74, be sure to get a mammogram every 2 years. You may also choose to get them more often.

Talk to a doctor about your risk for breast cancer, especially if a close family member of yours had breast or ovarian cancer. Your doctor can help you decide when and how often to get mammograms.

Dr. Stephen Rockower, M.D., New President of MedChi, states “Most breast cancers are found in women who are 50 years old or older, but breast cancer also affects younger women and men as well. About 10% of all new cases of breast cancer in the United States are found in women younger than 45 years of age so it is essential to keep up with regular checks and self-checks.”

### About MedChi

MedChi, The Maryland State Medical Society, is a non-profit membership association of Maryland physicians. It is the largest physician organization in Maryland. The mission of MedChi is to serve as Maryland's foremost advocate and resource for physicians, their patients and the public health of Maryland. For more information, please visit [www.medchi.org](http://www.medchi.org).